



# **Basic Protection Concept for Nordic Competitions**

Valid from 16 November 2020

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# 1. Introduction

A COVID-19 protection concept is required for all sporting events with up to 300 participants. The Local Organising Committee (LOC) must submit a protection concept for all FIS or IBU events to municipal authorities in advance (at least three weeks prior to the event) .

Different regulations may apply in different cantons, which is why the regulations in the canton in question must also be reviewed when an event is to be held.

This Basic Protection Concept for FIS and IBU Races is **valid from 16 November 2020 until further notice** (additional restrictions from authorities are not taken into account here).

All the information contained in this Basic Protection Concept and its annexes apply to all genders.

## 2. Swiss-Ski objectives

- Safeguarding the health of all athletes, employees and volunteers on site is the top priority for Swiss-Ski.
- Swiss-Ski acts in accordance with the principles of solidarity and maintains strict compliance with all provisions and regulations of the federal government, the cantons and the municipalities. The fight against COVID-19, and the containment of the virus, are of paramount importance to Swiss-Ski.
- The processes and rules contained in this Basic Protection Concept are clear and easy to understand, and ensure that those responsible for sporting events can go about their work safely and securely.
- This Basic Protection Concept for FIS and IBU Races defines general rules for all events that take place in Switzerland, or else establishes a corresponding framework for such rules.

## 3. COVID-19 organisation on site

### 3.1 COVID-19 Safety Manager

Every LOC must appoint a COVID-19 Safety Manager and Assistant Manager. Their responsibilities are as follows:

- To serve as an interface to municipalities and Cantonal Medical Officers
- To serve as the point of contact for all teams
- To manage contact tracing and the implementation of a framework for complying with all regulations
- The COVID-19 Safety Manager / Assistant Manager must be available to speak with cantonal authorities every day between 8 am and 6 pm for at least 14 days after the end of the event.

## 4. Protection regulations for competitions

The following section describes measures whose implementation will ensure that FIS and IBU competitions can be conducted safely and securely. The Basic Protection Concept applies to cordoned-off competition areas and all Team Captain Meetings.

### 4.1 General measures for competitions

The following health / epidemiological provisions stipulated by the Federal Office of Public Health (FOPH), the Federal Office of Sport (FOSPO) and Swiss Olympic apply to all athletic competitions:

- [FOPH link](#)
- Basic provisions for sport ([Swiss Olympic link](#))

Rahmenvorgaben für Sportveranstaltungen

**Spirit of Sport**  
heisst jetzt ...

**Hygieneregeln**  
des BAG einhalten

**Abstand**  
halten  
1,5m

**Symptomfrei**  
an die Veranstaltung

**K Kontaktdaten**  
erfassen (Contact Tracing)

**SwissCovid App**  
aktivieren (gemäss Empfehlung Bund)

**Gesichtsmaske**  
tragen

**swiss olympic**

Gültig ab 1. Oktober 2020

### 4.2 Groups of people

The following groups of people are present at FIS and IBU events:

- Swiss and international athletes and their trainers/coaches
- Organising committee employees, officials and volunteers

Notification must be provided regarding the number of participating athletes and coaches (for FIS races: 48 hours prior to the 1st Team Captain Meeting; for Europa Cup races: 7 days prior to the first training session or race, in accordance with FIS regulations).

The number of organising committee employees and volunteers is based on local conditions and circumstances and the event's size and disciplines (speed or tech).

### 4.3 Social distancing rules and mask requirement

FOPH regulations apply at all FIS and IBU events involving Swiss-Ski. The following special rules also apply:

- Masks must be worn at Team Captain Meetings (indoors).
- Rules in competition areas (outdoors):  
A distance of at least 1.5 metres must be maintained at the start area, at course inspection and at the finish area. Start line judges must wear masks.

### 4.4 Hygiene and protective measures

The hygiene measures and code of conduct issued by the FOPH to combat the COVID-19 epidemic are to be complied with.

Health is the top priority; a high level of solidarity and individual responsibility is required.

Persons with COVID-19 symptoms may not attend events.

### 4.5 Competition organisation

#### 4.5.1 Transport to competition areas

The transport of different groups of persons to competition areas must be organised on an individual basis. Such transports are therefore subject to the provisions of the protection concepts defined by public transport companies.

#### 4.5.2 Team Captain Meetings

The number of participants physically present at Team Captain Meetings (TCMs) is to be kept to a minimum: Necessary jury representatives (as defined in specific regulations), LOC representatives, and a maximum of one representative per team. TCMs can also be held online.

#### 4.5.3 Award ceremonies


Award ceremonies are held at the finish zones / in the competition area. Participants are limited to the athletes and one representative each from the jury and LOC. Masks must be worn during all award ceremonies.

### 4.6 Contact tracing

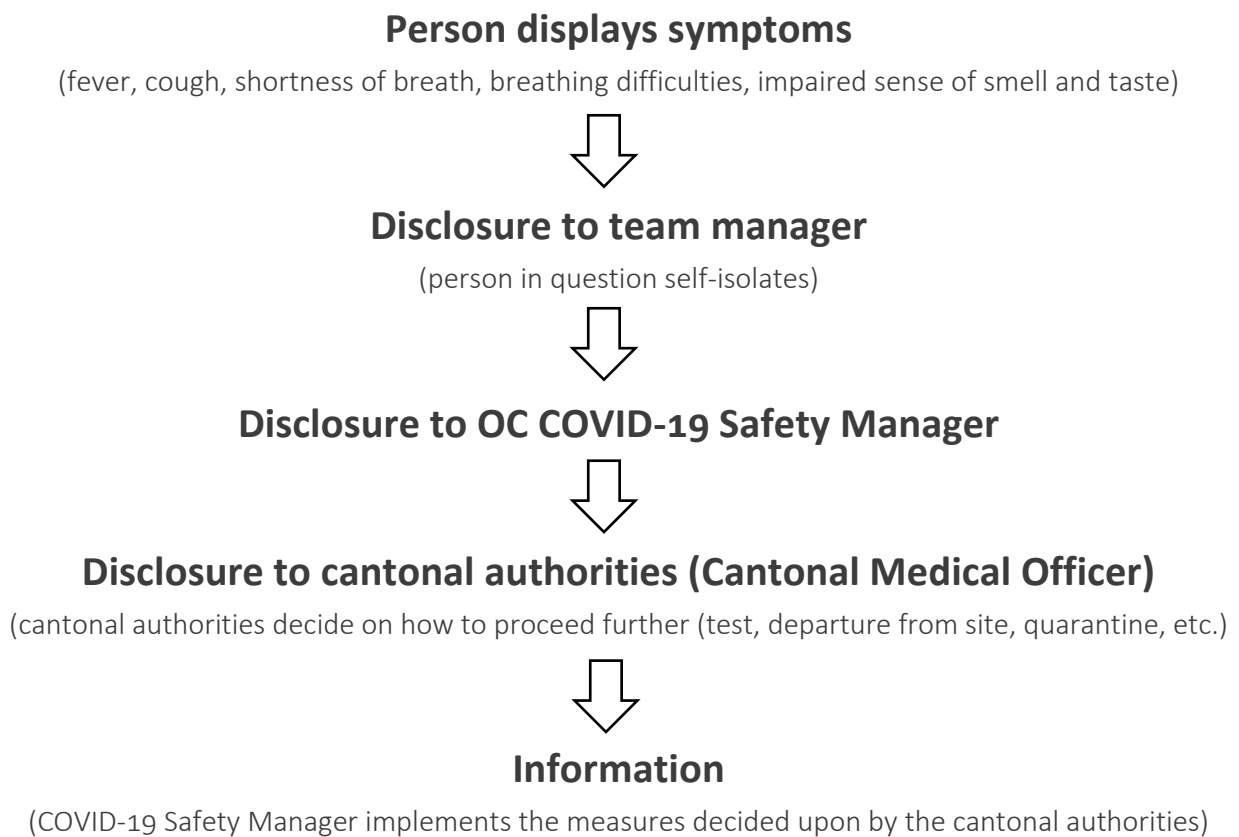
One of the main tasks of event organisers is to ensure that a system for tracing close contact is in place. Close contact is defined as contact that lasts longer than 15 minutes or repeatedly falls below a distance of 1.5 meters without protective measures (e.g. masks).

Contact tracing systems must meet the following requirements:

- Before every event, a list must be made of all participants who will be present in the competition area.
- LOC employees, officials and volunteers: Registration is to be completed by the LOC.

- Teams: information compiled by Team Captains (Annex 1) in a document in which the Team Captains also agree to comply with the protection concept. Information also compiled via the Mindful app used by participants.
-  Download Mindful app (Apple: <https://apps.apple.com/ch/app/mindful-restaurant-check-in/id1512941002>; Android: <https://play.google.com/store/apps/details?id=io.mindnow.mindful>) and registration via QR code upon entry to the competition area.
- A record of attendance must be kept for all Team Captain Meetings.
- This record must be retained for 14 days. Health authorities can demand to see the attendance record at any time during this period.
- If a case of COVID-19 is diagnosed after an event (max. 14 days), the LOC and Swiss-Ski must be informed of this as quickly as possible.

## 4.7 What to do if you experience symptoms



## 5. External facilities / companies

If external facilities or companies are used – e.g. sports facilities, mountain railways, accommodation facilities (hotels/campus, etc.), restaurants, etc. – the national and cantonal protection regulations valid at that time, and the protection concept employed by the facility in question, shall apply.

### 5.1 Accommodation facilities

Hotels and other accommodation facilities are subject to the provisions of the protection concept defined by HotellerieSuisse ([HotellerieSuisse link](#)).

## 6. Summary

- Responsibility for the implementation and monitoring of defined measures lies with those individuals responsible for competitions, whereby the measures are utilised throughout the entire racing area and in all Team Captain Meetings. A responsible person and a deputy (COVID-19 Safety Manager) must be named for every competition that is to be conducted. These individuals are responsible for ensuring that all provisions are complied with.
- Competition participants are required to consistently implement all prescribed measures and immediately notify the COVID-19 Safety Manager if they or anyone else displays symptoms that would indicate a possible infection.
- This Basic Protection Concept will be made available to all organisers of FIS and IBU Cup events, as well as to the corresponding facility operators. It will also be published on the section of the Swiss-Ski website dedicated to COVID-19 ([swiss-ski.ch/corona](https://swiss-ski.ch/corona)).
- The operators of external facilities/companies are responsible for establishing appropriate framework conditions and protection concepts at their respective facilities.
- **All participants should act in accordance with the principles of solidarity and assume personal responsibility for ensuring compliance with this Basic Protection Concept!**

Persons responsible for the Basic Protection Concept for FIS and IBU Cup Races at Swiss-Ski:

FIS races, cross-country skiing

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Muri bei Bern, 11 November 2020

### Swiss-Ski



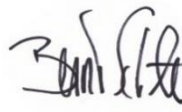
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